

# The SoCal Coyotes Sports Leadership Organization



## 'WHAT IS MY LEGACY?'

### Leadership Quiz

The following questions come from situations that arise at home, work, school and play. Ask a parent, mentor, teacher or coach to go through this with you carefully. Circle the number on the scale that you believe comes closest to you. Be honest about your choices -- there are no right or wrong answers!

		Very Much	A Lot	OK	Not so Much	Not at All
1.	I enjoy communicating with others.	5	4	3	2	1
2.	I am honest and fair.	5	4	3	2	1
3.	I make decisions while hearing what others think.	5	4	3	2	1
4.	My actions are consistent.	5	4	3	2	1
5.	I devote at least an hour a night to homework whether I have any or not, because this prepares me for high school and college.	5	4	3	2	1
6.	When I don't have homework, I still take time to read and plan ahead.	5	4	3	2	1
7.	I listen to feedback from adults and ask questions.	5	4	3	2	1
8.	I read as much as I watch TV.	5	4	3	2	1
9.	I balance my time on social media with 'real' face time with friends or family.	5	4	3	2	1
10.	I do my chores when I come home without being asked.	5	4	3	2	1
11.	I give praise to classmates, teammates and at home.	5	4	3	2	1
12.	I am smart enough to use careful words when I criticize.	5	4	3	2	1
13.	I like to develop plans.	5	4	3	2	1
14.	I realize my choices today could make a difference in the rest of my life.	5	4	3	2	1
15.	I set daily goals and complete them.	5	4	3	2	1

### DEFEND THE SHIELD

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16.	I realize my way may not always be the only way.	5	4	3	2	1
17.	I can be assertive (confident) when needed.	5	4	3	2	1
18.	I am honest with myself, even when I'm alone.	5	4	3	2	1
19.	I treat others with respect and dignity.	5	4	3	2	1
20.	I will do the right thing, even if I'm afraid.	5	4	3	2	1
21.	I am not afraid to take charge.	5	4	3	2	1
22.	I accept ownership for my role in family decisions.	5	4	3	2	1
23.	I am willing to help others be fair, even in a group.	5	4	3	2	1
24.	I pick up my dirty clothes and keep my bathroom area clean.	5	4	3	2	1
25.	I clean the table and do dishes without being asked.	5	4	3	2	1
26.	I make it a point to spend time with my older family members, such as calling grandparents.	5	4	3	2	1
27.	I hate excuses. When something needs to be done, I jump up and do it.	5	4	3	2	1
28.	I feel protective toward those less fortunate than me.	5	4	3	2	1
29.	The first thing I do every morning is make my bed without being told.	5	4	3	2	1
30.	I hate being late and understand the importance of being on time.	5	4	3	2	1
31.	I speak to parents, teachers and coaches in a clear voice, in complete sentences, without using slang.	5	4	3	2	1
32.	I listen and think before I react to angry situations.	5	4	3	2	1

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33.	I would rather earn money by performing a task or chore or work, than have it given to me.	5	4	3	2	1
34.	I believe in cleanliness and the importance of a neat appearance.	5	4	3	2	1
35.	I don't bully others and respect the views of others.	5	4	3	2	1
36.	I think rewards are for good performances, not just for showing up.	5	4	3	2	1
37.	I can use my imagination to help solve problems.	5	4	3	2	1
38.	I believe I can do something. I trust myself and 5 my abilities.		4	3	2	1
39.	I first try to understand what the other person is saying before I decide how I will respond.	5	4	3	2	1
40.	I try not to over-react to mean words.	5	4	3	2	1
41.	I am curious.	5	4	3	2	1
42.	I can sell my ideas by expressing my complete thoughts.	5	4	3	2	1
43.	I enjoy being a good learner.	5	4	3	2	1
44.	I control my posture, body language and attitude.	5	4	3	2	1
45.	I admit my mistakes and take responsibility for my actions.	5	4	3	2	1
46.	I like to talk to people and I am a great listener.	5	4	3	2	1
47.	I am good at helping others work on their tasks and achievements.	5	4	3	2	1

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48.	I can separate the important stuff from things that don't matter.	5	4	3	2	1
49.	When I strongly disagree with something, I make a special attempt to listen even more carefully.	5	4	3	2	1
50.	I enjoy laughter and work hard not to take things too seriously.	5	4	3	2	1
	<b>TOTAL</b>					

Total score for all 5 columns: \_\_\_\_\_ Final Score

## SCORING

Total each of the five columns and then add the five columns together for your final score. The maximum score is 250, while the minimum score is 50.

There are no 'right or wrong' answers -- which means there are no right or wrong scores. This is designed to show you the areas where you can improve.

So – 'What is Your Legacy?' Are you a Leader? Here's where you stand!

- 175 and above - You are on your way to becoming a Certified Coyote Leader.
- 125 to 174 - You are getting close! A Coyote Pup!
- 124 and below - Don't Give up! Improve each day by reviewing your lowest score!

No matter how long it takes you - when you reach a score of 250, email the SoCal Coyotes and tell us how this helped you! Every person who emails us their story will receive two (2) season-tickets to the SoCal Coyotes – America's #1 Developmental Pro Football Team!

**DEFEND THE SHIELD!**